

2022 Edward Cancer Center Support Groups & Programs

Support and Networking

Support for YOU, Cancer Support Groups

Facilitated by our Cancer Center LCSWs, this group meets in Naperville the 1st and 3rd Wednesday of every month in Conference Room 1 at 2:00p-3:00p, and meets in Plainfield the 2nd and 4th Wednesday of every month in Conference Room A at 2:00p-3:00p. This group provides patients the opportunity to connect with others in a supportive and safe place. Members are encouraged to share experiences, successes, and ongoing challenges in their cancer journey. **Registration is not required.**

Facebook Support Group

Facilitated by our Cancer Center LCSWs, for our Edward-Elmhurst Cancer patients, this group allows for patients to connect and create a community, with no time restrictions. This is a private group where patients can create a community to share encouragement, support, and resources with other patients. Please see the link below, or search “Edward-Elmhurst Cancer Centers Support Group” on Facebook.

<https://www.facebook.com/groups/840281834044046>

Breast and Gynecological Cancer Support

Facilitated by our Breast Nurse Navigator, this group meets in Naperville on the 2nd Wednesday of each month in the First Floor Lobby, from 6:00 – 7:00 PM. **Registration is not required.**

Nutrition, Education and Wellness

Individual Nutrition Consultations

Are you doing all you can nutrition-wise to maintain strength throughout your treatments to allow for optimal healing? Are you having difficulty with side effects of treatment? Schedule a one-on-one appointment with our dietitian Doreen Berard, RD, LDN, Wellness/Oncology Dietitian, by calling 630-646-2273. This service is included as part of your treatment.

Healthy Weight, Healthy You: Thriving After Breast Cancer

This biannual 12 Week, dietitian led, group, weight loss/healthy nutrition class is for breast cancer survivors. Guest speakers will address exercise, mindful eating, lymphedema, meditation, yoga and behavior. All participants must have completed their active chemotherapy treatment and must provide a written referral from their oncologist. To register, please contact our dietitian Doreen Berard, RD, LDN, Wellness/Oncology Dietitian, by calling 630-646-2273.

Back on Track – at Edward Health & Fitness Center, Naperville

This 8-week group exercise class is designed to work with the treatment and management of cancer by enhancing aerobic capacity, muscular strength, and flexibility. To register, or for dates, times and more information, please call Edward Health & Fitness Center at 630-646-5917.

Other Cancer Support Resources

American Cancer Society Reach to Recovery Program

The Reach to Recovery Program matches trained, volunteer breast cancer survivors with those facing or living with breast cancer to provide one-on-one support. Individuals are matched to volunteers

who have had a similar diagnosis and treatment plan, and have a similar personal background. Call the American Cancer Society at 800-227-2345.

American Cancer Society Road to Recovery Program

The Road to Recovery Program provides transportation to and from cancer treatment for people who do not have a ride or are unable to drive themselves. Volunteer drivers donate their time and the use of their cars so that patients can receive their treatments. Call the American Cancer Society at 800-227-2345 to submit a request for transportation. A minimum of four days advance notice is needed to schedule transportation requests.

Imerman Angels

Imerman Angels, a not-for-profit organization that matches a person fighting cancer today with a survivor of the same type of cancer. Mentors are matched by similar age, gender and cancer type, giving patients the opportunity to ask personal questions and receive encouragement from a peer who is familiar with the situation. Imerman Angels also connects caregivers to other caregivers. To get connected, visit: **IMERMANANGELS.ORG**, and click on the “Request Support” link (or call 877-274-5529). Their goal is to complete your match within seven business days. All of the services that Imerman Angels provide are free.

Family Support

Camp Hope at Naper Settlement (Edward Cancer Center)

Camp Hope is a one-week summer day camp that is held toward the end of June each year for children age 6 to 12 whose parent or close family member is living with cancer. Camp Hope campers will participate in Naper Settlement’s Summer Camp program, and take part in special break-out sessions each day to address emotions surrounding the changes in the family due to the illness.

Space is limited, and registration is required. Registration begins in April. Please call 630-646-6147 for more information on Camp Hope and to register.

The following local Cancer Resource Centers offer a variety of informational and educational programs; wellness programs; complementary therapies; patient, caregiver and family support; and networking groups and programs:

Waterford Place Cancer Resource Center

1310 Waterford Drive, Aurora

331-301-5280

Waterfordcrc.com

Wellness House

131 North County Line Road, Hinsdale

630-323-5150

Wellnesshouse.org

Living Well Cancer Resource Center

442 Williamsburg Avenue, Geneva, IL

630-262-1111

Livingwellcrc.org

4525 Weaver Pkwy Suite 103, Warrenville, IL 60555

331-732-4900

Livingwellcrc.org

The Cancer Support Center

2028 Elm Road, Homewood
708-798-9171
Cancersupportcenter.org

and

19657 South LaGrange Road, Mokena
708-478-3529

The Edward Cancer Center Social Workers are available to our patients and their families for one-on-one support and assistance with financial issues, community resources, FMLA, Social Security Disability, short- and long-term disability, and emotional challenges arising from living with cancer.

Edward Cancer Centers (Naperville and Plainfield):

Meagan Dean – 630-646-6147
Brandi Northrup – 779-263-3434

Nancy W. Knowles Cancer Center (Elmhurst):

Dana Macklin – 331-221-9177

Website: eehealth.org/services/cancer/support-services